

Lesson 5: navigation / event procedure

**LEARNING
OUTCOMES**

The student will :

- *be able to identify handrail features*
- *demonstrate continuous map contact and detailed navigation*
- *identify the procedures related to participation in a recognised orienteering event.*

EQUIPMENT

Laminated maps controls, punches(optional), pencils, red pens, paper, master maps-line event/control sites. clipboards, posters/overhead.

CLASS ORGANISATION

School grounds

STAGE	CONCEPT	CONTENT / ACTIVITY	TEACHING POINTS
<i>Warm up Introduction</i>		<i>Hand rail Students identify features on the map which could act as handrails. Students identify hand-rails for specific 'legs' of a course e.g. from no.4 to no.5.</i>	<ul style="list-style-type: none"> • Identify handrail features • Explain purpose of handrails (Refer to support material for unit 5 pg. 28)
<i>Development</i>	<i>Control location</i>	Line orienteering event <i>Each pair of students has a map with a route marked on it but with no controls marked on it. Each pair must follow a prescribed route /line. Controls are placed along the line in locations unknown to the students. Each pair must identify the control sites by circling these on their maps.</i>	<i>Continuous map contact required thumbing and setting essential. Circles must be precise, not too large or too small. Punch or code may verify the students completion of task. Good evidence of navigation skill. For more advanced groups students may work alone or may cover greater distances</i>
<i>Conclusion</i>	<i>Procedural knowledge of a recognised event Homework</i>	<i>Task: Students design a poster or information leaflet detailing an upcoming event using the following headings:</i> <ul style="list-style-type: none"> • Event Calender • Direction • Clothing • Specific equipment • Registration • Control card • Start / Finish • Results 	<i>Local orienteering clubs may provide examples of these resources. For inclusion in portfolio.</i>