

DINGHY SAILING

MINOR OBJECTIVES

The student will:

- *demonstrate an awareness of personal safety:*
 - *through the correct use of personal buoyancy*
 - *by wearing appropriate clothing*
 - *by staying with a capsized boat*
- *identify wind direction through use of its indicators*
- *identify and demonstrate their ability to use:*
 - *tiller*
 - *main sheet*
 - *jib sheet*
 - *rudder and centre / dagger board up haul and down haul*
- *helm a sailing dinghy while "reaching" or sailing across the wind*
- *stop the boat (lying to)*
- *explain what a tack is (turning front of boat through wind)*
- *helm a single-handed dinghy through a tack or crew in a multi-handed dinghy while tacking.*

MAJOR OBJECTIVES

The student will:

- *assist in rigging a sailing dinghy*
- *list and identify the basic parts of the boat and its rig*
- *demonstrate an ability to get the boat out of "irons"*
- *demonstrate an ability to sail up wind and down wind*
- *explain what a gybe is (turning back of boat through wind), and attempt this manoeuvre.*