

CHALLENGE CARDS

3. Electric Fence

EQUIPMENT

Rope - to be extended between two points not higher than the tallest group member above the floor / ground,
Mats.
2 volleyball poles, well secured.

STARTING POSITION

The team stand on one side of the fence.

OUR CHALLENGE

All team members must get over the fence.

RULES

- No team member may touch the fence.
- If the fence is touched all of the team must return to the starting side.
- Everyone must be involved in spotting and assisting the person going over the fence.

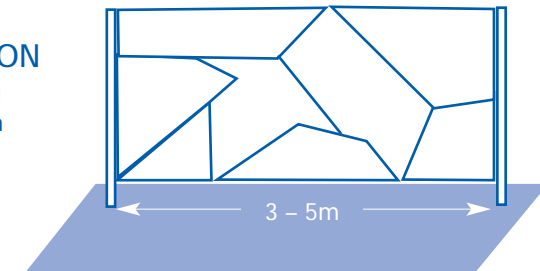
4. Spider's Web

EQUIPMENT

- 2 volleyball stands, well secured or 2 trees a suitable distance apart (3 – 5m apart).
- A pre-fabricated web (made up of 8 / 10 open web sections) constructed from a variety of small ropes or bungee cord.
- *Sufficient mats to cover the ground directly underneath and around the web.*

STARTING POSITION

See diagram – all team members must start on the same side.



OUR CHALLENGE

The challenge is to pass each group member through a web opening, without touching the web with any part of the body.

RULES

- All team members must go through a web opening.
- Once an opening is used, that opening may not be used for further passage.
- No person may touch the web with any part of the body.
- If a student touches the web that student comes back to the beginning side.
- All group members must actively spot each other.
- Team members may be wheelbarrowed safely through a bottom hole.
- Before any team member is lifted through the web, there must be at least three students on the other side to lift that person through and they themselves must have gone through the web.

ORANGE (O)