

TEACHER GUIDELINES

1. THE BLACK HOLE

OBJECTIVE: *Develops team work, awareness of group safety, communication, trust, decision making and co-ordination.*

The challenge is to get all team members from “outer space” through the black hole (the hoop), to the “earth” side.

Equipment

2 volleyball stands well secured.

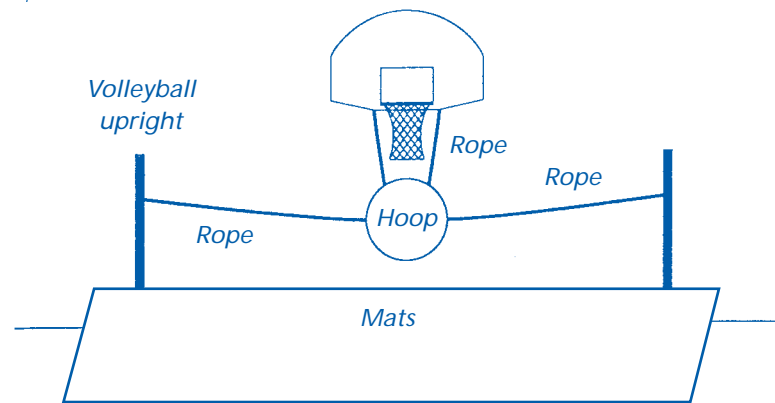
1 hula hoop.

Rope to suspend the hoop between the standards.

Sufficient mats to cover the ground directly underneath and around the hoop.

Set Up

See diagram below.



The black hole equipment.

The hoop height should be set so that the bottom of the hoop is about waist height on the majority of the students involved.

A tape line may be used to help divide the working area into two distinct spaces.

Rules

- All team members must go through the “Black Hole”.
- No person may touch the “Black Hole” (hoop).
- No one may dive through the hoop.
- Group members must remain on mats during the challenge.
- If any rule is broken, the person making the mistake and one person who has passed through the hoop must start again.

Review: Teamwork card and discuss outcomes.

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