

TEACHER GUIDELINES

3. ELECTRIC FENCE

OBJECTIVE: *Develops safety awareness, communication, decision making and trust.*

The challenge is to get all members over the fence without touching any part of it.

Equipment:

Fence: a rope extended between 2 trees no more than 2 metres above the ground. Indoor alternatives possible with volleyball poles, well secured.

Several mats to be placed underneath / around the fence.

Rules

- Everyone must be involved in assisting the person going over the fence.
- No part of any person may touch the fence.

Review: Teamwork card and discuss outcomes.

4. SPIDER'S WEB

OBJECTIVE: *Develops teamwork, co-operation, communication, decision-making, trust and awareness of group safety.*

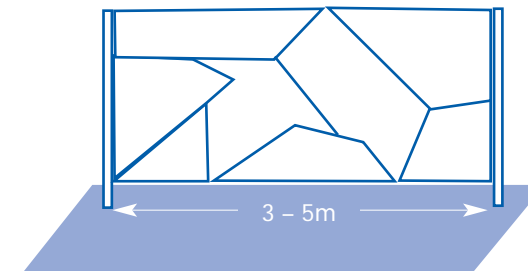
The challenge is to pass each group member through a web opening, without touching the web with any part of the body.

Equipment:

2 volleyball stands, well secured or 2 trees a suitable distance apart (3 – 5m apart)

Set-up

See diagram below.



The height and size of web openings should be constructed with consideration of the height and size of the students involved.

Rules

- All team members must go through a web opening.
- Once an opening is used, that opening may not be used for further passage.
- No person may touch the web with any part of the body.
- If a student touches the web that student comes back to the beginning side.
- All group members must actively spot each other.
- Team members may be wheelbarrowed safely through a bottom hole.
- Before any team member is lifted through the web, there must be at least three students on the other side to lift that person through and they themselves must have gone through the web.

Variations

- If someone touches the web, the whole group starts over.
- If there are more team members than spaces, one or two passages can be chosen for two group members to pass through, but once chosen, cannot be changed.
- Do the challenge silently.
- Hand out every group member a picture of a body part; whatever body part they receive, they lose the use of that same body part.

Review: Teamwork card and discuss outcomes.