

TEACHER GUIDELINES

5. JUNGLE TRAIL

OBJECTIVE: This can be the culminating challenge to a series of lessons devoted to team challenges or can be used as a means of introducing a variety of challenges to a class while ensuring full participation.

The activities to be included are at the discretion of the teacher – those outlined below are simply included for the purpose of explanation. The safety precautions and success criteria relevant to the individual challenges apply to this activity.

To ensure the smooth running of the “Jungle Trail”, it is important to establish a time limit (based on the students’ capabilities) within which the individual challenges must be completed.

Equipment:

As dictated by selection of team challenges.

Set-up:

Given the time involved, it is worthwhile to undertake this activity with all class groups doing the team challenge option.

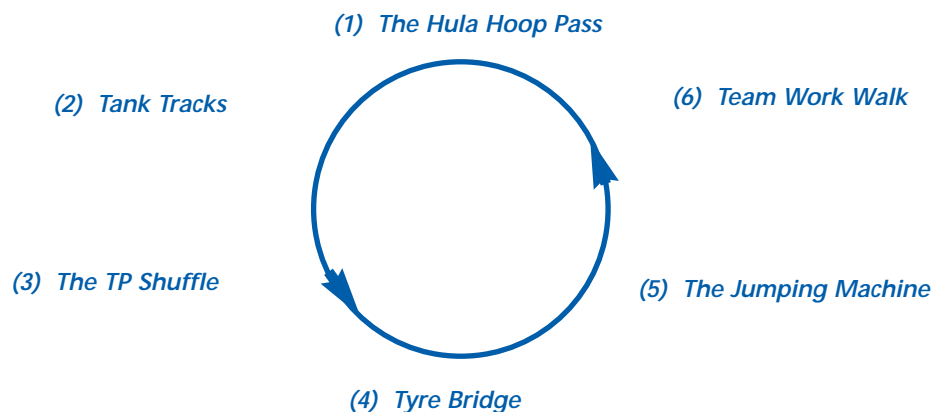
Safety:

- Students must be made aware of the safety precautions relevant to the individual challenges.
- Only activities which are of low to medium difficulty / white and yellow categories – (see menu of activities) are suitable for inclusion in the Jungle Trail.

Rules

- The rules applicable to the individual team challenges remain in place.
- Each team starts at a different challenge.
- Each team starts their challenge on the signal, and when the time is up they must return the equipment to its original position and move on to the next challenge.
- All teams must move around the circuit in the same direction.

Review: Teamwork card and discuss outcomes.



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