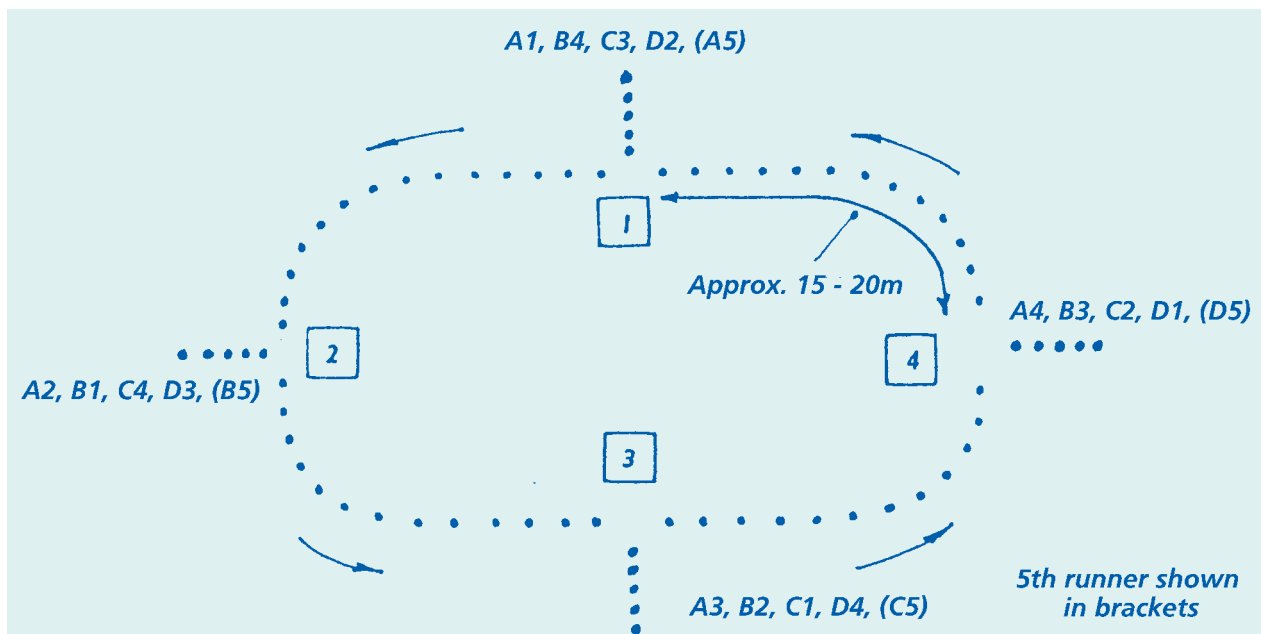


Resource material: Relay activities

### THE PURSUIT



There are 4 teams of 5.

Consider team 'A'. The 1st runner is 'A1'. And the 5th runner is 'A5' shown. The position of the 1st and 5th runners of the other teams is shown in a like manner.

All the 1st runners of each team are given a baton and when the whistle goes they run anti-clockwise, 'A1' giving the baton to 'A2' and so on.

Team 'A' is chasing team 'B' - team 'B' is chasing 'C' - team 'C' chases 'D' and 'D' is chasing 'A'.

When the baton reaches the 5th runner they continue passing it on again to the 1st, 2nd and 3rd and so on, round and round until the 5th runner is back in his / her starting place at which point the baton is held aloft to indicate that the team has finished. All members of all teams should have run 4 times and each team will have covered 5 laps.

It does help if some identification such as a coloured band can be given to the 5th runner of each team.