

## Unit 6: Sculptures

**LEARNING  
OUTCOMES****The student will:**

- develop mastery of technical set study
- develop an awareness of body shape
- develop awareness of body in space.

**EQUIPMENT**

Tape, tape recorder, visual stimuli, pictures: celtic, sculptures, myth

**CLASS ORGANISATION**

Music: Sharon Shannon: *Out the Gap*,  
Enya: *The Celts*.

STAGE	CONCEPT	CONTENT / ACTIVITY	TEACHING POINTS
<b>Warm up</b> <i>Out the Gap</i> , Sharon Shannon	<b>Mastery of rhythm</b> <b>Focus on phrasing</b>	<b>Phrase 1</b> Walk forward x 4 hands to 'wheel' forward 4 counts. Walk backward x 4 hands to 'wheel' backward 4 counts. Throw left arm over to high right 4 counts. Roll body back to centre, arm head leading 4 counts.  <b>Phrase 2</b> Step to right – slide left leg under to change level to the ground. Roll over to diagonal line. Brush arms to toes & rise to sitting. Place hands on right hand side turn onto front. Lift left leg over right & continue turning to stand.	<ul style="list-style-type: none"> <li>• Soft flowing continuous movement.</li> <li>• Repeat phrase 1 as often as necessary.</li> <li>• Slide onto side of leg softly to ground.</li> <li>• Be conscious of alignment.</li> <li>• Keep head dropped &amp; roll up to standing.</li> </ul>
<b>Development</b>		Select any 4 different Celtic Pictures. Select a shape from each picture. Copy each shape in turn with the body. Explore ways of linking each shape. Suggest change of level, change direction, make shape bigger & smaller. Link set study to phrase.	<ul style="list-style-type: none"> <li>• Shapes one &amp; four will form beginning and end of phrase in stillness.</li> </ul> <b>Development option:</b> <ul style="list-style-type: none"> <li>• Select only 1 phrase of set study &amp; link to new shape phrase.</li> <li>• Select all set study and add own phrase.</li> <li>• Perform shape phrase in travelling manner.</li> </ul>
<b>Conclusion</b> <i>The Celts</i> , Enya		In groups of four, students copy each others phrases. Each group performs set study and phrases.	N.B. Students do not learn each others phrases. They copy as each student performs. <ul style="list-style-type: none"> <li>• Focus on continuity, sensitivity and quality of movement.</li> </ul>
<b>Cool down</b>		Move in a sustained manner into and out of four chosen Celtic shapes.	