

CRAB BALL

5 v 5

Players sit on the floor. Movement is by using hands and feet – no running, hopping, jumping.

Object is to pass ball into a target or to hit a cone and to defend own target.

KEEP YOUR TAIL

Each student has a bib as a tail. On a given signal the student moves around the area attempting to collect as many tails as possible while trying to keep his / her tail.

BALL BALANCE GAME

A cooperative game where the students work in pairs with one ball.

Object of the game is to move from A to B keeping the ball balanced between body parts – no hands.

Ball may be placed between both sides, backs, legs, heads.

DOUBLE GOAL GAME

Two goals per team. Each team may attack and defend two goals.

Object is to score goals and to keep opposition guessing as to which goal the team is going to attack by quick changing of direction of play and deception.

