

## Unit 4: Invasion games

**LEARNING  
OUTCOMES****The student will:**

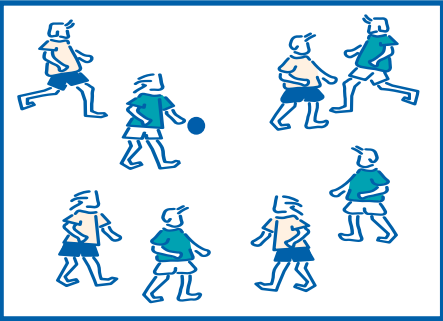
- **demonstrate an ability to make appropriate decisions regarding what to do and how to do it re: a) regaining and retaining possession and b) teamwork.**

**EQUIPMENT**

Ball(s), bibs, cones - ribbons / bibs, cones, basket, circle drawn.

**CLASS ORGANISATION**

Basic: work in pairs / fours.

STAGE	CONCEPT	CONTENT / ACTIVITY	TEACHING POINTS
<i>Warm up &amp; stretching</i>	Warm up.	Ball Balance Game (see resource materials).	
<i>Introductory activity</i>	<p>Appreciating the importance of imposing rules and conditions. Maintaining possession of the ball. Working closely with team mates.</p> <p>Creating and using space.</p> <p>Regaining possession by: Denying space. Winning the ball.</p>	<p>1. <b>4 v 4 with agreed rules.</b></p> <ul style="list-style-type: none"> <li>• no contact</li> <li>• no running with the ball</li> <li>• no kicking</li> <li>• start and restart with a throw-in from the sideline.</li> </ul> 	<p><b>DECISIONS FOR TEAM IN POSSESSION</b> <b>Player with the ball.</b> <b>How do you keep possession?</b> Look up. Shield the ball. Pass to a team-mate who is free, i.e., in a space. Select appropriate pass - long, short, bounce, high, etc.</p> <p><b>Player without the ball.</b> <b>How can you help to keep possession?</b> By moving into a space. By signalling for a pass. By evading the opposition.</p> <p><b>DECISIONS FOR TEAM WITHOUT THE BALL</b> <b>How can you regain possession?</b> By closing down space. By marking a player or a space. By intercepting a pass.</p>