

Unit 3: Soccer (Creating space)

**LEARNING
OUTCOMES****The student will:**

- *show an ability to create space to receive possession*
- *demonstrate one turn with the ball*
- *contribute to group effort.*

EQUIPMENT

Ball between two, cones, goals, bibs.

CLASS ORGANISATION

STAGE	CONCEPT	CONTENT / ACTIVITY	TEACHING POINTS
<i>Warm up</i>	<i>Control</i>	<i>Ball between two. Follow the leader. Alternate leader.</i>	<i>Try to 'shake off' partner.</i>
<i>Development</i>	<ul style="list-style-type: none"> • <i>Creating space as an individual</i> • <i>Speed of thought</i> • <i>Speed of movement</i> • <i>Knowing when to move</i> 	<ol style="list-style-type: none"> 1. 30 x 40 meters. Two goals. 5 v 5 / 6 v 6 <ul style="list-style-type: none"> • <i>optional goalkeeper</i> • <i>play person to person with one player in each team free</i> 2. Ways of creating space <ul style="list-style-type: none"> • <i>turns - inside / outside</i> • <i>speed</i> • <i>feints</i> 3. 2 v 1 Game 10 x 20 meters area <ul style="list-style-type: none"> • <i>1 start by marking one of 2</i> • <i>2 attack goal. Alternate positions</i> • <i>require 2 to make a certain number of pass prior to scoring.</i> 	<ul style="list-style-type: none"> • <i>How do you get free from your opponent?</i> <i>- run / dodge / turn / feint / deception</i> • <i>Ask students with ball / without ball to go and see with partner</i> • <i>Students will come up with some</i> <i>Use these and teach the others</i> • <i>How to get away for pass?</i> • <i>Importance of support and movement of person not being marked</i>
<i>Conclusion</i>		<ol style="list-style-type: none"> 4. Game as in 1. <i>Challenge each player to score and to prevent direct opponent from scoring.</i> 	<ul style="list-style-type: none"> • <i>Getting free for the ball</i> • <i>Try to avoid aimless running - only go when it's on</i>
<i>Cool down</i>		<ol style="list-style-type: none"> 5. Cool down is the same as warm up but use the turns taught at 2. 	