

O R I E N T E E R I N G

MINOR OBJECTIVES

The student will:

- follow recognised orienteering event procedures
- identify the primary safety precautions associated with the sport of orienteering
- increase his / her confidence through continuous map contact — thumbing, setting check-off points.

MAJOR OBJECTIVES

The student will:

- employ the skill of pace-counting as an accurate method of estimating distance effectively
- plan effective route choices through simplification of route problems
- follow recognised event procedures
- recognise and apply aiming-off, attack points and collecting features as orienteering strategies.

MENU

SCORE ORIENTEERING

TRIVIA ORIENTEERING

DISTANCE ESTIMATION

PACING

